

|| shree raama rakShaa stotra ||

shree gaNeshaaya nama:

asya shree raama rakShaa stotra mantrasya
budhakaushika rushi:
shree seetaaraamachandro devataa
anushTup cChanda:
seetaa shakti:
shreemad hanumaana keelakam
shree raamachandra preetyarthe raama rakshaa stotra jape viniyoga:

atha dhyaanam

dhyaayet aajaanubaahum dhruta shara dhanusham baddha padmaasanastham |
peetam vaaso vasaanam nava kamala dala spardhi netram prasannam |
vaamaankaaroodha seetaa mukha kamala milallochanam neeradaabham |
naanaalankaaradeeptam dadhatamurujaTaa manDanam raamachandram ||

iti dhyaanam

charitam raghunaathasya shatakoTi pravistaram |
ekaikam aksharam pumsaam mahaa paataka naashanam || 1 ||

dhyaatvaa neelotpala shyaamam raamam raajeeva lochanam |
jaanakee lakshmaNopetam jaTaa mukuTa manDitam || 2 ||

saasitooNa dhanur baaNa paaNiM naktancharaantakam |
svaleelayaa jagatraatum aavirbhootam ajam vibhum || 3 ||

raama rakshaam paThet praagna: paapaghneem sarva kaamadaam |
shiromay raaghava: paatu bhaalam dasharathaاتمaja: || 4 ||

kausalyeyo drushau paatu vishvaamitra priyashrutee |
ghraaNam paatu makhatraataa mukham saumitrivatsala: || 5 ||

jivhaam vidyaanidhi: paatu kanTham bharata vandita:
skandhau divyaayudha: paatu bhujau bhagnesha kaarmuka: || 6 ||

karau seetaapati: paatu hrudayam jaamadagnyajit |
madhyam paatu kharadhvamsee naabhim jaambavadaashraya: || 7 ||

sugreevesha: kaTee paatu sakthinee hanumat prabhu: |
ooroo raghootama: paatu raksha:kulavinaashakrut || 8 ||

jaanunee setukrutpaatu janghe dashamukhaantaka: |
paadau bibheeshaNa shreedaa: paatu raamokhilam vapu: || 9 ||

etaam raama balopetaam rakshaam ya: sukrutee paThet |
sa chiraayu: sukhee putree vijayee vinayee bhavet || 10 ||

paataala bhootala vyoma chaariNash cChadma chaariNa: |
na drashTumapi shaktaaste rakshitam raama naamabhi: || 11 ||

raameti raamabhadreti raamachandreti vaa smaran |
naro na lipyate paapai: bhuktim muktim cha vindati || 12 ||

jagajjaitraika mantreNa raama naamnaa-bhirakshitam |
ya: kanThe dhaaraye tasya karasthaa: sarvasiddhaya: || 13 ||

vajra panjara naamedam yo raamakavacham smaret |
avyaahataagna: sarvatra labhate jayamangalam || 14 ||

aadishTavaan yathaa svapne raamarakshaam imaam hara: |
tathaa likhitavaan praata: prabuddho budhakaushika: || 15 ||

aaraama: kalpa vrukshaNaam viraama: sakalaapadaam |
abhiraama strilokaanaam raama: shreemaan sa na: prabhu: || 16 ||

taruNau roopa sampannau sukumaarau mahaabalau |
punDareeka vishaalaakshau cheera kruShNaajinaambarau || 17 ||

phala moolaashinau daantau taapasau brahmachaariNau |
putrau dasharathasyaitau bhraatarau raama lakshmaNau || 18 ||

sharaNyau sarva sattvaanaam shreshThau sarva dhanushmataam |
raksha: kulanihantaarau traayetaam no raghoottamau || 19 ||

aattasajja dhanushaavishu sprushaa vakshayaashuga nishanga sanginau |
rakshaNaaya mama raama lakshmaNaavagrata: pathi sadaiva gachChataam
|| 20 ||

sannaddha: kavachee khaDgee chaapa baaNadharo yuvaa |
gachChan manoratho asmaakam raama: paatu salakshmaNa: || 21 ||

raamo daasharathi: shooro lakshmaNaanucharo balee |
kaakutstha: purusha: poorNa: kausalyeyo raghoottama: || 22 ||

vedaanta vedyo yagnesha: puraaNa purushottama: |
jaanakee vallabha: shreemaana aprameya paraakrama: || 23 ||

ityetaani japannityam madbhakta: shraddhayaanvita: |
ashvamedhaadhikam puNyam sampraapnoti na samshaya: || 24 ||

raamam durvaa dala shyaamam padmaaksham peeta vaasasam |
stuvanti naamabhirdivyai: na te samsaariNo nara: || 25 ||

raamam lakshmaNa-poorvajam raghuvaram seetaapatim sundaram |
kaakutstham karuNaarNavam guNanidhim viprapriyam dhaarmikam |
raajendram satyasandham dasharatha tanayam shyaamalam shaantamoortim |
vande lokaabhiraamam raghukulatilakam raaghavam raavaNaarim || 26 ||

raamaaya raamabhadraaya raamachandraaya vedhase |
raghunaathaaya naathaaya seetaayaa: pataye nama: || 27 ||

shree raama raama raghunandana raama raama |
shree raama raama bharataagraja raama raama |
shree raama raama raNakarkasha raama raama |
shree raama raama sharaNam bhava raama raama || 28 ||

shree raamachandra charaNau manasaa smaraami |
shree raamachandra charaNau vachasaa gruNaami |
shree raamachandra charaNau shirasaa namaami |
shree raamachandra charaNau sharaNam prapadye || 29 ||

maataa raamo matpitaa raamachandra: |
svaamee raamo matsakhaa raamachandra: |
sarvasvam me raamachandro dayaalu: |
naanyam jaane naiva jaane na jaane || 30 ||

dakshiNe lakshmaNo yasya vaame tu janakaatmajaa |
purato maarutiryasya tam vande raghunandanam || 31 ||

lokaabhiraamam raNarangadheeram |
raajeevanetram raghuvanshanaatham |
kaaruNyaroopam karuNaakaram tam |
shree raamachandram sharaNam prapadye || 32 ||

manojavam maaruta tulyavegam |
jitendriyam buddhimataam varishTham |
vaataatmajam vaanarayootha mukhyam |
shree raama dootam sharaNam prapadye || 33 ||

koojantam raama raameti madhuram madhuraaksharam |
aaruha kavita shaakhaam vande vaalmeeki kokilam || 34 ||

aapadaam apahartaaram daataaram sarva sampadaam |
lokaabhiraamam shreeraamam bhooyo bhooyo namaamyaham || 35 ||

bharjanam bhava beejaanaam arjanam sukha sampadaam |
tarjanam yamadootaanaam raama raameti garjanam || 36 ||

raamo raajamaNi: sadaa vijayate raamam ramesham bhaje |
raameNaabhihataa nishaacharachamoo raamaaya tasmai nama: |
raamaannaasti paraayaNam parataram raamasya daasosmyaham |
raame chittalaya: sadaa bhavatu me bho raama maamuddhara || 37 ||

raama raameti raameti rame raame manorame |
sahasranaama tattulyam raamanaama varaanane || 38 ||

iti shree budhakaushika virachitam shree raama rakshaa stotram
sampoorNam

|| shree seetaa raamachandraarpaNam astu ||